

Breakfast – bread choices between a Bagel, rye bread or Ciabatta

- ❖ **Granola Muesli& yoghurt** **R25.00**
(Fresh fruit pieces, Crunchy muesli with plain yoghurt)
- ❖ **On the Go** **R38.00**
(Scrambled egg, tomatoes, mushrooms& 1 Slice Macon)
- ❖ **Egg Benedict** **R42.00**
(2 x softly poached eggs on a bed of Macon on toasted bread of your choice, topped with a delicious Béarnaise Sauce, garnished with fried mushrooms and Roma tomatoes & rocket)
- ❖ **The Croissant Royale** **R42.00**
(A freshly baked croissant with salmon, scrambled egg, cream cheese and rocket)
- ❖ **Plain Jane Avo toast(2 slices)** **R28.00**
(Avo slices on toasted bread of your choice, garnished with tomatoes and sliced red onion)
- ❖ **Plainer than Jane** **R28.00**
(Scrambled egg on toasted bread of your choice)
- ❖ **Pancakes** **R29.99**
(3 stacked pancakes with maple syrup, Banana and ice cream)

Top your burger with the following topping at extra costing

Fried egg R5 Avocado R10 Macon R15 Cheese R6 Pineapple R5.00

- ❖ **Chicken burgers and chips** **R59.90 Burger Only R39.90**
- ❖ **Beef burgers and chips** **R59.90 Burger Only R39.00**
- ❖ **Veggie Burger and Chips** **R59.90 Burger Only R39.90**

Vegan style bagels

- ❖ **Mediterranean Bagel** **R32.00**
(Roasted vegetables, fresh basil and avo)
- ❖ **Mushroom Royalty** **R32.00**
(Grilled mushrooms, caramelised onions, fresh rocket & hummus on toasted bread of your choice)

Bagels

- ❖ **Chicken pesto Bagel** **R34.00**
(Basil pesto, garlic, cashew nuts, lemon juice, olive oil, salt and pepper)
- ❖ **Steak pesto Bagel** **R38.00**
(Steak, mushrooms, caramelized onions, fresh rocket & sweet chilli)
- ❖ **Create your own bagel** **from R18.00**
Cream cheese R12, Macon R15, Banana R8, cheddar cheese R10, mushrooms R12, Avocado R15

Toasted Sandwiches Served on white or brown bread

- ❖ Chicken and Mayo **R26.00**
- ❖ Cheese and tomato **R22.00**
- ❖ Tuna and Mayo **R24.00**

Beverages: Hot & Cold

	<i>Single</i>	<i>Double</i>
❖ Americano	R15.00	R18.00
❖ Decaf	R15.00	R18.00
❖ Tea (Rooibos or Ceylon)	R15.00	
❖ Espresso	R14.00	R18.00
❖ Cappuccino	R20.00	R24.00
❖ Decaf Cappuccino	R20.00	R24.00
❖ Red Cappuccino	R23.00	
❖ Chai Tea	R23.00	
❖ Dirty Chai Latte	R23.00	
❖ Hot Chocolate	R21.00	
❖ Latte	R22.00	R26.00
❖ Starbuck Frappuccino (Caramel& Java Chip)	R28.00	
❖ Caramelized Ice Coffee	R28.00	

Cold beverages

- ❖ Green Juice **R28.00**
- ❖ Flu shot **R13.00**
- ❖ Canned drinks **R15.00**
- ❖ Water **R12.00**

<i>Smoothies</i>	<i>350ml</i>	<i>650ML</i>	<i>protein Shot</i>
Hawaiian Fantasy (Strawberry and banana)	R28	R40	R12
Mexican Rush (Rasperry, sour cherry and mango)			
Tropical Breeze (Pineapple, Mango and Peach)			
Caribbean Dream (Papaya, Mango and Strawberry)			
Jamaican Sensation (Rasperry, Pineapple, Blackberry and banana)			
African Sun (Pineapple, Mango, Strawberry and Blueberry)			